

Test distance = 45% of amplitude ^a			
Lens power range = 30% of amplitude ^b			
Amplitude	Distance from Nose (cm)	Test Distance (cm)	Flip Lens Power ^c
22.25	4.5	10.0	±3.25
20.00	5.0	11.0	±3.00
18.25	5.5	12.0	±2.75
16.75	6.0	13.5	±2.50
15.50	6.5	14.5	±2.25
14.25	7.0	15.5	±2.25
13.25	7.5	16.5	±2.00
12.50	8.0	18.0	±2.00
11.75	8.5	19.0	±1.75
11.00	9.0	20.0	±1.75
10.50	9.5	21.0	±1.50
10.00	10.0	22.0	±1.50
9.50	10.5	23.5	±1.50
9.00	11.0	24.5	±1.50
8.75	11.5	25.5	±1.25
8.25	12.0	26.5	±1.25
8.00	12.5	28.0	±1.25
7.75	13.0	29.0	±1.25
7.50	13.5	30.0	±1.00
7.25	14.0	31.0	±1.00
7.00	14.5	32.0	±1.00
6.75	15.0	33.5	±1.00
6.50	15.5	34.0	±1.00
6.25	16.0	35.5	±1.00
6.00	16.5	37.0	±1.00
5.75	17.5	38.5	±1.00
5.50	18.0	40.5	±0.75
5.25	19.0	42.5	±0.75
5.00	20.0	44.5	±0.75
4.75	21.0	47.0	±0.75
4.50	22.0	49.5	±0.75

Procedura secondo Yothers T.

Ampiezza Accomodativa calcolata con Push Up test.

Flipper di potere pari a 30% di AA.

Distanza esecuzione pari a 45% di AA.

Previsionali, almeno 10 cpm

Consigliata per avere una base di partenza se il paziente non riesce con ±2,00D e per adulti (>30 anni)